

## **Thomson House School**

## **PSHE and RE Curriculum**

## Year 2

At Thomson House we believe that every child should leave school with the social and emotional skills that they need to flourish in life and work. We equip Thomson House children with the skills they need to keep safe, cultivate good physical and mental health and maintain healthy relationships with family and friends. Our school values of kindness, courage and curiosity underpin every aspect of school life and we aim to ensure that every child has the opportunity to reflect on their own values in a safe and respectful environment.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 / Extras
Autumn 1  School Value: Kindness  British Value: Democracy	Class contract To help construct, and agree to follow group, class and school rules and to understand how these rules help them	Making new friends – What is a healthy friendship? finding out about each other; likes & dislikes; favourite things; circle time game  To explain their views through discussions	Respect for oneself To celebrate uniqueness and what makes them special- what is it about you that is different from everyone else?  To know ways in which they are all unique; understand there has never been and will never be another 'them'	Respect for others  — celebrating similarities and differences in each other.  To know how to listen to other people and play and work co- operatively	Environmental/ sustainability To know what improves and harms their local, natural and built environments How can we take care of the planet in our own classroom? Why do we recycle? Why do we need to turn computers off when not using them? Why do we need to turn the tap off?	Positive Mental Health To know that feelings change and that not everyone experiences the same feeling in the same situation. See PSHE Association Lesson 2: Good and not so good feelings  October 10 <sup>th</sup> – World Mental Health Day	Trip – synagogue (RE) Visitors – circus skills (build resilience); mental health team (assembly) Performance – Harvest Festival Safety – safe behaviour in and out of school Charity – Richmond Foodbank helping the homeless (Harvest). House Competition – handwriting British Values – democracy in the classroom
Assemblies	New beginnings - a fresh start.  School values – kindness	The start of a new year – Judaism Rosh Hashanah.  The importance of manners	Judaism - Yom Kippur and Sukkot  Behaviour for Learning	Religious texts – Bible/ Torah/ Qu-ran Gratitude – Harvest Festival	Black History Month  – Rosa Parkes,  Harriet Tubman	Black History Month – Martin Luther King, Malcom X	RE Block 1 Judaism and festivals of Rosh Hashanah; Yom Kippur and Sukkot. Focus on Torah as key text. Visit to a synagogue
Autumn 2  School Value: Courage  British Value:	Health and Wellbeing To know about different ways to learn and play; recognising the importance of knowing when to take a break from time online	The Role of Money	Anti-bullying week  - standing up for yourself  https://www.anti- bullyingalliance.org.u k/anti-bullying-week	Anti-bullying week  - standing up for others  To know that people's bodies and feelings can be hurt	Environmental/ sustainability To develop strategies and skills needed to care for their local, natural and built environments How can we make the school more	Positive Mental Health About 'big' feelings and how to manage them See PSHE Association Lesson 3: Big Feelings	Trip – Holly Lodge 'Living Things In Winter' Visitors – London Air Ambulance; Road safety team; Network Rail re station safety, brain workshop, pantomime Performance – class assembly; Xmas Carol Concert



Individual Liberty	or TV (link to Brainwave)				environmentally friendly? Energy, water or litter waste	Human Rights day – 10.12.21	Safety – anti-bullying, road/rail safety Charity – Children In Need House Competition - spelling Theme Week – Diversity and Inclusion British Values – Individual liberty linked to freedom to learn
Assemblies	Diwali – Festival of Light	Remembrance Day	Anti-Bullying – what to do if you think you are being bullied	Hinduism – Rama and Sita	St Andrew, Patron Saint of Scotland Hanukah	Christmas – Advent, other beliefs and helping others	RE Block 2 Hinduism and festival of Diwali; Christianity and Bonfire Night / All Souls Day; Xmas Story; Advent
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 / Extras
Spring 1 School Value: Curiosity British Value: Rule of Law	New Year – turning over a new leaf What would you like to do differently? Goals to challenge yourself – at home and at school.  To recognise and celebrate their strengths and set simple but challenging goals	Drugs Alcohol & Tobacco 1 To explore substances and situations that are safe or unsafe See CWP lesson plans	Drugs Alcohol & Tobacco 2 To be able to identify some hazardous substances See CWP lesson plans	Drugs Alcohol & Tobacco 3 To consider safety rules for at home and at school See CWP lesson plans	Safety When Using The Internet What is personal information? What is OK to share? What to do if you feel uncomfortable with the internet.	Positive Mental Health – the positives and negatives of screen time.	Trip – Kew Archive, local area walk  Visitors – Safer internet workshops, Police  Performance – class assemblies; THS Has Talent  Safety – Safer Internet Day; medicines  Charity – local children's charity  House Competition – talent show  British Values – Rule of Law;  Democracy for School Council elections
Vocabulary			ous, liquid, symbol, ha	azard, alcohol,			
		cigarettes, matches,					
Assemblies	Epiphany	New Year means a New You	Buddhism – the Buddhist new year	Being Curious & Taking Responsible Risks	Safer Internet Day	Chinese New Year	
Spring 2 School Value: Kindness	Relationships & Sex Education 1 To introduce the concept of male and female gender stereotypes	Relationships & Sex Education 2 To explore some of the differences between males and females and to	Relationships & Sex Education 3 To focus on sexual difference and name body parts See CWP lesson plans	Positive family relationships  Expose children to different types of families (single parent, same sex)	Environmental/ sustainability How can we be less wasteful? (putting lids on pens so they don't run out, using	Positive Mental Health Who we can trust; who to go to if we need help at home / at school / out in public	Trip – Pickle and Rye, Kew Baptist Church Visitors – author workshop (WBD), Rick Stein chef Performance – catwalk assembly, Spring Concert; Magical Musicals



British Value: all	To identify difference between males and females See CWP lesson plans	understand how this is part of the lifecycle See CWP lesson plans			things properly so they don't break, turning taps off).	To know about 'special people' who work in the community and are responsible for looking after and protecting them; how people contact those special people when they need help, inlcuding dialling 999	Safety – safe and positive relationships Charity – Red Nose Day/Sport Relief House Competition - sports Theme Week – Our Diverse Planet British Values – all linked to The Day the Crayons Quit
Vocabulary	Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vulva						
Assemblies	Valentine's Day – show love by being kind to each other	Lent & Pancake Day	St David's Day – patron saint of Wales	World Book Day – sharing a love of reading	St Patrick's Day – patron saint of Ireland	Mother's Day – being kind to our mothers and female relatives	The Easter Story
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 / Extras
Summer 1 School Value: Courage British Value: mutual tolerance and respect	Taking Responsible Risks and showing courage (Resilience building)  To offer constructive support and feedback to others  Activity – learning a new skill	Healthy eating What constitutes a healthy diet? (including understanding calories and other nutritional content)  Activity – learning a new skill	Healthy Eating To know the principles of planning and preparing a range of healthy meals  Activity – learning a new skill	Values: Money and Me Finders Keepers https://www.valuesmo neyandme.co.uk/teach ers/finders-keepers-ks1  Activity – learning a new skill	Values: Money and Me Finders Keepers https://www.valuesmo neyandme.co.uk/teach ers/finders-keepers-ks1  Activity – learning a new skill	Positive Mental Health - What have you enjoyed most about Y2? A questionnaire to complete about what they have liked / disliked about Y2. What have they learnt? Which trip they enjoyed most etc. Activity – learning a new skill	Trip – Barnes Literary Festival, Twickenham Apiary Visitors – zoolab Performance – Safety – taking responsible risks Charity – global charitable fund-raising House Competition – public speaking British Values - mutual tolerance and respect linked to other cultures
Assemblies	St George's Day – patron saint of England	Ramadan	Food Revolution Day	Building Resilience	How can we build our courage?	Reflecting on the year	
Summer 2 School Value: Curiosity	Transition to Y3 Know about growing and changing and new opportunities and responsibilities that increasing	Preparing for Sports Day – accepting winning and losing.	School Council – what does it do? How can I be a school councillor?	Transition to Y3  What will I be learning in Y3?	Transition to Y3  Getting to know my new class.	Positive Mental Health -Transition to Y3  Clearing up any misconceptions /	Trip – Thames Boat Project Visitors – motivational sports personality Performance – Summer Concert, sports day Safety – picking up litter, World Environment Day



British Value: mutual tolerance and respect	independence may bring  What are the big differences between Year 2 and Year 3?  Activity – looking after the environment by litter picking	Activity – looking after the environment by litter picking	Activity – looking after the environment by litter picking	Activity – looking after the environment by litter picking	Meeting my new teacher and visiting my new classroom.  Activity – looking after the environment by litter picking	worries about moving into the new year group.  Activity – looking after the environment by litter picking	Charity – global charitable fund-raising House Competition - sports day Theme Week - physical & mental well-being. British Values - mutual tolerance and respect linked to other cultures
Assemblies	Looking forward to next year	Theme Week Launch	Father's Day – what our dads/ male relatives do for us	Moving On and Moving Up	Introducing & welcoming new teachers	Summer holidays – what to do	