

Healthy Eating Policy Statement

Objective

- To provide an imaginative and balanced food offer to satisfy our customers' dietary needs, government guidelines and personal tastes.
- To use high quality fresh ingredients and discourage reliance on tinned or ready made foods. To produce food which is low in salt, sugar and saturated fats.

Responsibility

- The Managing Director is accountable for ensuring the guidelines within this policy are adhered to although implementation rests with individual Catering Managers and Client Services Managers.

Monitoring and Audit

- A high level of personal supervision is carried out by Client Services Managers and results set against pre – determined standards. Healthy eating standards are part of the quality monitoring programme.

Heart Beat Award

- With the agreement of our Clients, we will apply the criteria of the Heart Beat Award Scheme confirming the provision of healthy food choices, no smoking areas and high standards of hygiene.
- We vigorously promote the Government and NHS *5 a Day Programme*

This will signal the joint contribution of Accent Catering Services Ltd and our Clients towards the fight against coronary heart disease and other diseases linked to food and nutrition.

Ian Crabtree
Managing Director
Accent Catering Services Ltd